

Nuts & Bolts Outline

9/25/12

- 1.) Introduction (5 minutes)
- 2.) Outline of Talk (20 minutes)
 - Premise 1 & 2
 - Murray Therapy Beliefs (brief)
- 3.) Answering and Problem Solving Specific Questions (60 minutes)
- 4.) Closing Thoughts (5 minutes)

If you are planning to attend this class on Tuesday the 25th please bring your specific questions with you as my goal is to allow everyone who attends leave with practical and applicable strategies to use at home or in the classroom.

John C. Murray, OTR

Homework & Written School Work Strategy Session for Parents & Teachers 9/25/12

Premise #1

Developmental Hurdles to Be Aware of When Teaching Our Children

- across the age range there is a decrease with in hand touch perception and manual dexterity
- across the age range there is a decrease in the accurate processing of vestibular input
- across the age range there is less evidence postural strength and endurance (tight hip/pelvic generation)
- I don't feel we are preparing our children with the necessary foundational skills for using their hands and eyes/ears for learning
- the better the "flow" of visual/auditory and motor skills the easier it is to learn and behave at school/home
- "The healthy child knows when she/he is stuck and asks for help by means of her/his behavior. There are no lazy, withdrawn, aggressive or angry children, only children denied the ability to learn in a way that is natural to them." Dr. Rick Dennison

Premise #2

Neurological Insights to Be Aware of When Educating Our Children

- Sponge Reality- whatever they see, hear, touch, taste, smell and how they experience movement or not ... gets registered for "LIFE"
- when the nervous system is "stressed" the wrong neuro-chemicals are firing and interrupting the learning process
- expecting every kindergartner and first grader to read and write is neuro-developmentally **inappropriate!**
- the surge in the "Arsenal Educational Model" is detrimental to kids love for learning and is a relationship stressor for parents (add read, "Looking for an Aggressive Academic Preschool")

Murray Therapy Beliefs

- Everyone is a teacher (adults and peers).
- There is a reason for every behavior.
- We can't take away a behavior without substituting it with another behavior.
- Sensory processing is real and relevant with every adult/child.
- If you struggled in school you should assume that your son/daughter will struggle until they prove us differently.
- Read to your children daily till they are teenagers.
- Hug your kids everyday and tell them that they have greatness in them!

John C. Murray, OTR